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Holiday Time!

Welcome to the August edition...

For those of you that aren't jetting off overseas this Summer, there's lots of great things happening locally, including tribute acts and beer festivals.

Check out the local event guide on page 6 to see what takes your fancy. Whether you're staying locally or exploring Europe or further afield, this Summer, have a great month and make the most of the weather and the Summer holidays, while they last!

zë

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No issues at any time. Good, responsive communication from the office, the various teams on site were polite, friendly and low maintenance, the site was left tidy after each day's work, and most importantly, the job looked great when complete. Thoroughly recommended.

AndyE-230 / 31 Jan 2024

community events

Shirley Dining Club

25 August, noon – 6pm Shirley Park

Join in for a feast of award-winning street food, live entertainment, and a buzzing atmosphere that's perfect for the whole family—including your four-legged friends! Whether you're a foodie on the hunt for your next favourite dish or just looking for a fantastic day out, they've got you covered. More info at www. digbethdiningclub.com

Male Voice Choir

6 September, 7pm Knowle Village Hall.

The Knowle Village Hall
Association invites you to
enjoy a late summer Evening
of Song with the Birmingham
Male Voice Choir (formerly
the Canoldir and the Icknield
Male Voice choirs). Tickets £15
from 01564 779898 or 01564
778163 or from the Friday
Coffee Morning at the Hall
from 10am until noon.

A Tribute to Lionel Richie

6 September

Core Theatre Solihull

Following his appearances with Lionel Richie himself on ITV's 'Sunday Night At The Palladium' and the 'Graham Norton Show' for the BBC,



Malcolm Pitt delivers a powerhouse and breathtaking performance in this high octane show celebrating the music of Lionel Richie and the Commodores. Call 0121 704 6962 to book.

The Lions Beer and Cider Festival

12 & 13 September, noon to 11pm, Shirley Royal British Legion, Parkgate, Shirley

A charity fund raising event organised by Acocks Green, Shirley and Solihull Lions Clubs, featuring 18 different real ales and 10 ciders. Admission £10, including £5 worth of drinks tokens, a souvenir glass and

an event programme with tasting notes. Live music provided by Ray's Open Night musicians. More info at www.shirleylions.co.uk/events/ beerfestival.html

Elvis Tribute Show

19 September Nailcote Hall

You can be certain of a high energy Vegas Style Spectacular! The combination of his incredible energy, vocal ability, stunning costumes, magnetic stage presence and not forgetting that 'Elvis Presley' charm. Party nights include a three course dinner, live entertainment.



Astrantias

The quiet star of a cottage garden

f vou've ever wandered through a traditional English cottage garden in midsummer, chances are you've caught sight of astrantias - those charming, understated flowers that quietly hold their own among the showier blooms. Also known as masterworts or the rather quaint "Hattie's pincushion," these perennials are the perfect blend of beauty and practicality. With their starry, pincushionstyle blooms in shades from soft white to dusky pink and deep ruby, they're a treat for the eye - and for the bees and butterflies, too!

Astrantias bloom their hearts out from June right through to August, giving us gardeners a generous season of colour, not to mention plenty of nectar for our insect friends. They're absolutely brilliant for shady spots, especially those damp, awkward corners where other plants might sulk. Moistureretentive soil is their sweet spot, but don't worry if your patch is on the drier side they'll still do well with regular watering and a good mulch.

Speaking of soil, astrantias are fans of the rich stuff: well-rotted manure, homemade compost, or leaf mould



worked into the ground before planting. Pop the plant into a prepared hole, firm it in, and water generously. Keep up the watering through the first summer, especially if your soil's particularly freedraining. Once settled, they're pretty self-sufficient, and wonderfully resistant to slugs and snails, which is a real bonus in my own garden!

If you want to encourage a second flush of flowers (and who wouldn't?), cut them back after their first round of blooming. Give them a proper haircut again in autumn or early spring to keep them looking tidy.

Astrantias can be divided in spring. Lift a clump, gently prise it apart with your hands or a fork and replant the sections right away. If you've

got the patience, they can also be grown from seed either collected from your own plants or from a packet under cover in spring.

Astrantias are mostly trouble-free, though occasionally powdery mildew can be an issue. Keep them healthy with plenty of water and mulch and bin any mildewy leaves in autumn.

For varieties, try 'Roma' for soft pink blooms, 'Venice' for a dramatic ruby red, or 'Hadspen Blood' if you're after something truly striking. For a lighter look, 'Buckland' and 'Alba' are gentle on the eye and lovely in a pastel scheme.

In all, astrantias are reliable, romantic, and ridiculously easy to grow - a real cottage garden treasure.

crossword

1 2 3 4 5 6 7 8 9 10 11 12 13 14 19 20 21 22 24 24

clues

Across

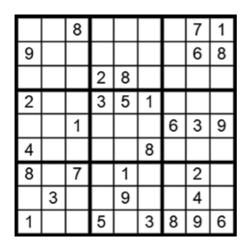
- 1 Prejudiced (6)
- 4 Whiten, decolour (6)
- 7 Maritime, used on the ocean (8)
- 8 Rhododendron-like shrub (6)
- 9 Particle (4)
- 12 Every twelve months (6)
- 14 Socially awkward (6)
- 17 Daredevil (6)
- 20 Ruffian, thug (4)
- 21 Ceramic artist (6)
- 22 Items of jewellery (8)
- 23 People who look after others (6)
- 24 Abrupt (6)

Down

- 1 Church official (6)
- 2 Warning devices (6)
- 3 Delicate, fragile (6)
- 4 Married to two people at the same time (6)
- 5 Mistake in print (6)

- 6 Shrub with waxy scented flowers (8)
- 9 Bowed structure (4)
- 11 Large South American snake (8)
- 13 Welsh name (4)
- 15 Oxen and cows (6)
- 16 The act of leaving a place (6)
- 17 ____ dancing, type of folk dancing. (6)
- 18 Stretched out the body or neck to see better (6)
- 19 Toxic substance (6)

answer on page 14



how to play SUCOKU

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answer on page 14









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a good read By Natasha Donovan

Small Pleasures

by Clare Chambers

Small Pleasures is a quiet gem of a book that unfolds with the grace of a classic British drama, while packing a modern literary punch. Set in the meticulously rendered suburbs of 1957 southeast London the story follows Jean



Swinney, a journalist approaching her fortieth birthday, and stuck writing lightweight 'women's pieces'. Her life is defined by routine, duty, and the auiet ache of unrealised dreams. When she's assigned to investigate a local woman's claim of a virgin birth, she anticipates a hoax. Instead, she finds herself drawn into the lives of Gretchen Tilbury, her charmina daughter Margaret, and Gretchen's enigmatic husband, Howard, As Jean's professional curiosity evolves into personal entanglement, Chambers masterfully explores themes of loneliness, desire. and the societal constraints of postwar Britain. The novel's strength lies in its subtlety. Chambers crafts a narrative rich in period detail and emotional nuance, where the most profound moments are found in the quietest exchanges. Jean's internal struggle between duty and desire is portrayed with a tenderness that resonates deeply, making her journey all the more poignant. While the mystery of the virgin birth is central to the plot, it's Jean's personal awakening and the intricate dynamics between characters that draw us in. Small Pleasures is a novel that lingers, reflecting on the small joys and quiet tragedies that define a life. It's a reminder that the most extraordinary stories often emerge from the most ordinary lives.

The Book of Stolen Dreams by David Farr

This is a dazzling children's debut that sweeps readers into a richly imagined world where courage and imagination are the keys to survival. Set in the oppressive city of Brava, siblings Rachel and Robert Klein find themselves thrust



into a perilous adventure after their librarian father entrusts them with a mysterious, forbidden book. Their mission: to find the missing final page and prevent the book from falling into the hands of the tyrannical ruler, Charles Malstain. Farr's screenwriting and theatre credentials are very much present as he brings a cinematic flair to his storytelling, defly balancing moments of suspense with real humour and warmth. There are many parallels to be drawn with certain chapters in history as well as more current events. Farr paints a compellingly grim picture of life under highly restrictive rules and regulations where almost every kind of fun is outlawed, and teaching takes place under the tightest of rules. In spite of this, Rachel and Robert's spirits shine like beacons as they embark on their adventures. The Book of Stolen Dreams is more than just a fantasy adventure; it's a poignant exploration of the power of stories and the resilience of the human spirit. The suggested age range is 8-12 but quite frankly this 40-vear-old adored it as much as her son.

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Suduko Solution from page 8



Crossword Solution from page 8





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